

# Red Deer Ramblers

## 2020 Hiking Dates

*Our Coordinators are not trained guides but volunteers who love the outdoors.*

**\*\*\*\*Ensure you arrive 15 minutes before departure times\*\*\*\***

**\*\*\*\*Meeting place – NW corner of Bower Mall Parking lot\*\*\*\***

April 4	Riverbend Perimeter Trail (Red Deer) Easy	8 km, approximately 150 m	<b>9:30</b>
April 18	Meeting Creek Station (Eastern AB) Easy	Two trails, 8 km & 4 km	<b>9 am</b>
May 3 <b>Sunday</b>	Memorial Hike (Red Deer) This year we will join the Hospice Run/Walk at Kerrywood Nature Center	5 km, 30 m Followed by picnic if you register	<b>TBD</b>
May 16	Surveyor's Benchmark (DTC) Moderate	14.8 km, 340 m	<b>8 am</b>
May 30	Jumpingpound Ridge/Cox Hill (Kananaskis) Difficult	19 km, 879 m	<b>6 am</b>
June 13	Kinglett Lake (DTC) Moderate/difficult	11.6 km, 765 m	<b>6 am</b>
June 27	Mt. Burke (Kananaskis) Moderate/difficult	11.2 km, 890 m	<b>6 am</b>
July 11	Galettea Lake (Kananaskis) Moderate/difficult	16 km, 690 m	<b>6 am</b>
July 25	Sentinel Creek (+Cline River viewpoint) Easy (DTC)	9.8 km, 185 m (+ 2.6 km)	<b>6 am</b>
July 23-27	Jasper multi-day trip Hikes determined by group	Participants must contact coordinators <a href="mailto:rdramblers@gmail.com">rdramblers@gmail.com</a>	<b>N/A</b>
August 8	Ram Lookout (DTC) Moderate/difficult	14.2 km, 817 m	<b>6 am</b>
August 22	Thomson Falls (+Owen Creek) (DTC) Moderate/difficult	10.8 km, 460 m (+ 8 km, 80 m)	<b>6 am</b>
Sept 5	Strathcona Wilderness Center (Ardrossan) Easy/Moderate	12 km (several short loops)	<b>6 am</b>
Sept 19	Dry Island Buffalo Jump (Central Alberta) Easy/moderate	Guided hike led by a naturalist	<b>8 am</b>
Oct 3	Headwall Lakes (Kananaskis) Moderate/difficult	15.9 km, 652 m	<b>6 am</b>
Oct 17	Sulphur Mt (Banff) Moderate Lunch at café at top, free gondola ride down	6 km one way, 655 m	<b>8 am</b>

- All hikes subject to change due to weather conditions or trail closures.
- Contact the listed coordinators if you have questions.
- Kilometers are round-trip totals; meters are expected elevation gain and loss.
- Overnight hikes: Please contact coordinators to provide contact information. Please make your own carpool and accommodation arrangements unless otherwise noted.